

NORWEGEN - BERGEN

Art des Praktikums:

Famulatur

Person:

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Einsatzland / Einsatzort:

Land	<i>Norwegen</i>
Stadt	<i>Bergen</i>
Amtssprache	<i>Norwegisch</i>
Empfohlene Impfungen	<i>Hep-B</i>

Gesundheitsprofil des Landes / der Region:

A very high quality of life and a very good coverage from the local hospital.

Ausbildungsstätte:

We were given the clerkship positions at the University Hospital, which was called Haukeland Universitetssjukehus. The architecture of the hospital resembled the one of AKH, but it was a smaller version of it.

I was part of the neurology department, which was in another building from the main one. The whole neurology department was a 5 story building called "Gamle Hovedbygg", which means the old main building (of the hospital). In the 4 weeks of my clerkship, I stood for a week at the spinal cord unit, the other week at the brain infarct unit, the 3rd week at the epilepsy unit and in the 4th week I worked with the bioengineers at the polyclinic, practicing duties like taking blood samples and using the machines.

The hospital offered the equipment and uniform, so no need to take anything with you.

Arbeit und Ausbildung:

The working hours were the same like those of the doctors, which meant 7 and half hours of work not including the pause at midday. So the work started at 8am until 2.30pm or 3pm. In the morning, the department had the patient briefing and the x-rays examination and interpretations. Afterwards, each doctor with his/her students went to their own sections and distributed work. There was a lot of independent work, so they actually encourage you to take initiative. However, it is advisable to be under the supervision of another student or doctor.

If you have knowledge of Norwegian, then you will be counted just as another student and you will be given tasks to perform too.

Wohnen und Essen:

We were hosted at a student dorm right next to the hospital. The student dorm was decent. The kitchen, bathrooms and showers were shared in one main corridor (15 rooms), but since it is summer, there aren't a lot of people in the dorms.

We had our main meals at lunch at the hospital's main canteen. The food was of good quality and the costs were (mostly) covered from the Norwegian MSA. If you wished to order extra, then you'd have to pay. However, you were regarded as hospital staff so there was always a percentage taken off from the total.

Finanzielles:

Norway is very expensive, so be prepared. I would personally advise to take with you 1000-1500 Euros, in order to have a good time, including going out, buying souvenirs etc.

The flight costs around 200-300 Euros to Bergen's airport and then you take the bus to the city centre.

If you are an EU/EEA Citizen, then you do not need a Visa or anything similar. If you are a non EU Citizen and have an Aufenthaltstitel from Austria, then you also do not need a Visa.